Network Systems Science & Advanced Computing

Biocomplexity Institute & Initiative

University of Virginia

# Estimation of COVID-19 Impact in Virginia

May 27, 2020

(data current to May 26)
Biocomplexity Institute Technical report: TR 2020-067



**BIOCOMPLEXITY** INSTITUTE

biocomplexity.virginia.edu

## Who We Are

- Biocomplexity Institute at the University of Virginia
  - Using big data and simulations to understand massively interactive systems
- Over 20 years of crafting and analyzing infectious disease models
  - Pandemic response and support for Influenza, Ebola, Zika, others

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#### **Biocomplexity COVID-19 Response Team**

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## Overview

• Goal: Understand impact of COVID-19 mitigations in Virginia

## Approach:

- Calibrate explanatory mechanistic model to observed cases
- Project infections through the end of summer
- Consider a range of possible mitigation effects in "what-if" scenarios

## Outcomes:

- Ill, Confirmed, Hospitalized, ICU, Ventilated, Death
- Geographic spread over time, case counts, healthcare burdens



# Key Takeaways

Projecting future cases precisely is impossible and unnecessary. Even without perfect projections, we can confidently draw conclusions:

- We are entering a period of transition, shifting to sustaining control through test and trace and other mitigations rather than strict social distancing.
- Model update this week shows possible paths forward, rebounds with and without new mitigations, uncertainty remains on timing of this transition.
- Data show fewer people "stay home", as well as progress towards better detection.
- Intensity of rebound depends on degree of social distancing relaxation; intensity of new mitigations depends on testing volumes and tracing effectiveness.
- The situation is changing rapidly. Models will be updated regularly.

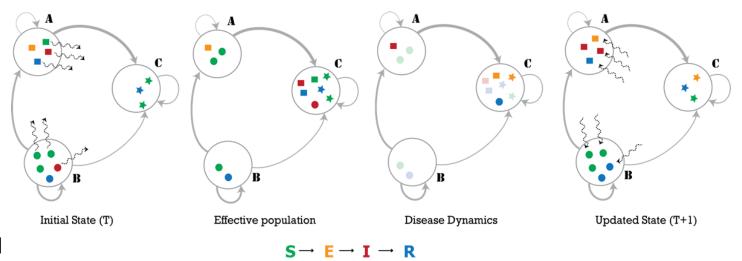


# Model Configuration and Data Analysis



# Simulation Engine – PatchSim

- Metapopulation model
  - Represents each population and its interactions as a single patch
  - 133 patches for Virginia counties and independent cities
- Extended SEIR disease representation
  - Includes asymptomatic infections and treatments
- Mitigations affect both disease dynamics and population interactions
- Runs fast on high-performance computers
  - Ideal for calibration and optimization





Susceptible → Exposed → Infectious → Removed

Venkatramanan, Srinivasan, et al. "Optimizing spatial allocation of seasonal influenza vaccine under temporal constraints." PLoS Computational Biology 15.9 (2019): e1007111.

# Model Configuration

- Transmission: Parameters are calibrated to the observed case counts
  - Reproductive number: 2.1 2.3
  - Infectious period (time of infectiousness before full isolation): 3.3 to 5 days
- Initial infections: Start infections from confirmed cases by county
  - Timing and location based on onset of illness from VDH data
  - Assume 15% detection rate, so one confirmed case becomes ~7 initial infections
- **Mitigations:** Intensity of social distancing rebound and control sustaining mitigations into the future are unknowable, thus explored through 5 scenarios



# Mitigation Scenarios: Rebound Intensity x Detection Levels + Unmitigated

Pause from Social Distancing: Began on March 15<sup>th</sup>

- Lifted on May 15<sup>th</sup> (61 days), with two-week delay (75 days) for select counties\*
- Intensity: Social distancing pauses and significantly reduces case growth

**Intensity of Rebound:** Relaxation of social distancing measures increases interactions in society, leading to two levels of transmission rates:

- **Light:** Interactions return to 1/6<sup>th</sup> of pre-pandemic levels, moderate increase in transmission
- **Strong:** Interactions return to 1/3<sup>rd</sup> of pre-pandemic levels, stronger increase in transmission **Detection Control**: Increased Testing Capacity coupled with infection control measures
- Better Detection: Plays a role by limiting the period of infectiousness before isolation

Unmitigated: No social distancing or other types of mitigation

<sup>\*</sup> Select counties as mentioned by recent releases from Governor Northam's office <a href="https://www.governor.virginia.gov/newsroom/all-releases/2020/may/headline-856741-en.html">https://www.governor.virginia.gov/newsroom/all-releases/2020/may/headline-856741-en.html</a>



# Five Mitigation Scenarios

Scenario	Rebound Intensity	Better Detection	Name	Description	
1	Strong	No	Strong	Strong Rebound, Detection same	
2	Light	No	Light	Light Rebound, Detection same	
3	Strong	Yes	Strong – BetterDetection	Strong Rebound, Detection improved	
4	Light	Yes	Light – BetterDetection	Light Rebound, Detection improved	
5	NA		Unmitigated	No mitigation	
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## Full Model Parameters

	Parameter	Values	Description
Transmission	Transmissibility (R <sub>0</sub> ) <sup>1</sup>	2.2 [2.1 – 2.3]	Reproductive number
	Incubation period <sup>1</sup>	5 days	Time from infection to infectious
	Infectious period <sup>1</sup>	3.3 - 5 days	Duration of infectiousness
	Infection detection rate <sup>3</sup>	15%	1 confirmed case becomes ~7 initial infections
	Percent asymptomatic <sup>1</sup>	50%	Infected individuals that don't exhibit symptoms
Resources	Onset to hospitalization <sup>1</sup>	5 days	Time from symptoms to hospitalization
	Hospitalization to ventilation <sup>1</sup>	3 days	Time from hospitalization to ventilation
	Duration hospitalized	8 days	Time spent in the hospital <sup>4</sup>
	Duration ventilated <sup>2</sup>	14 days	Time spent on a ventilator
	Percent hospitalized <sup>1</sup>	5.5% (~20% of confirmed)	Symptomatic individuals becoming hospitalized
	Percent in ICU <sup>1</sup>	20%	Hospitalized patients that require ICU
	Percent ventilated <sup>1</sup>	70%	ICU patients requiring ventilation

<sup>1</sup> CDC COVID-19 Modeling Team. "Best Guess" scenario. Planning Parameters for COVID-19 Outbreak Scenarios. Version: 2020-03-31.

<sup>2</sup> Up-to-date. COVID-19 Critical Care Issues. <a href="https://www.uptodate.com/contents/coronavirus-disease-2019-covid-19-critical-care-issues?source=related\_link">https://www.uptodate.com/contents/coronavirus-disease-2019-covid-19-critical-care-issues?source=related\_link</a> (Accessed 13APRIL2020)

<sup>3</sup> Li et al., Science 16 Mar 2020:eabb3221 https://science.sciencemag.org/content/early/2020/03/24/science.abb3221 (Accessed 13APRIL2020)

<sup>4</sup> Personal communications, UVA Health and Sentara (~500 VA based COVID patients) 29-May-20

## Recent Parameter Validation

## New York State <u>announced sero-prevalence survey results</u> on May 2<sup>nd</sup>

- 15,000 antibody tests conducted randomly through the state at grocery stores
- Total Attack Rate: 12.3%

#### **Estimation of undetected infections**

- Total infections in NY = 2.46M, total of 300K confirmed cases
- Confirmed case detection = 12% of infections (close to 15% used in model)

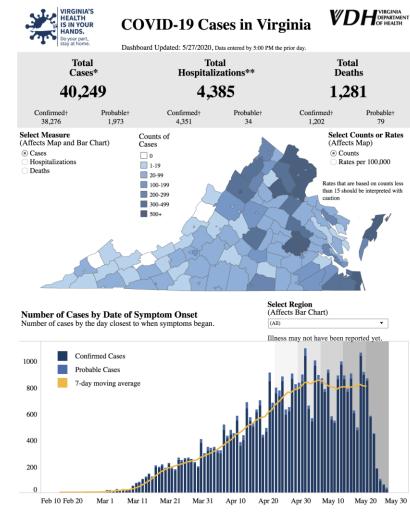
## **Estimation of hospitalizations from infections**

- Total infections in NY = 2.46M, total of 66K hospitalizations
- Hospitalizations = 2.7% of infections (close to 2.25% used in model)



# Calibration Approach

- Data:
  - County level case counts by date of onset (from VDH)
  - Confirmed cases for model fitting
- **Model:** PatchSim initialized with disease parameter ranges from literature
- Calibration: fit model to observed data
  - Search transmissibility and duration of infectiousness
  - Markov Chain Monte Carlo (MCMC) particle filtering finds best fits while capturing uncertainty in parameter estimates
- Project: future cases and outcomes using the trained particles



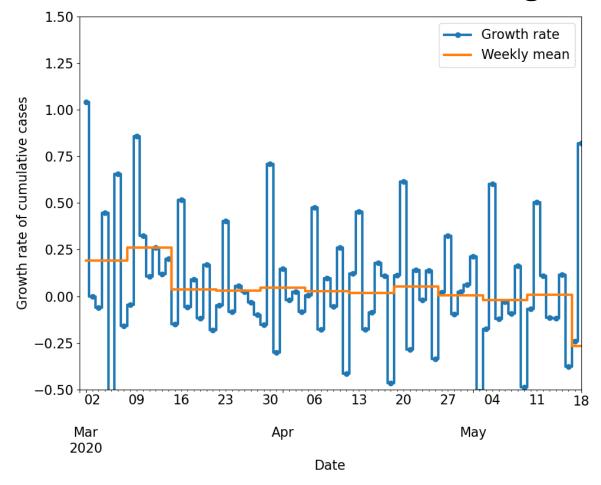


# Impact of Interventions



# Estimating Effects of Social Distancing

## VDH data shows reductions in growth rate starting in mid-March



Weekly growth rate by date of onset

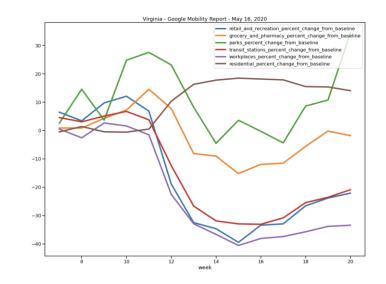
- Week before March 15 = 0.3
- Week after March 15 = -0.02 to 0.04

Crude reproductive number estimates

- 2.2 before March 15<sup>th</sup>
- 0.91 to 1.19 after March 15<sup>th</sup>

Google Mobility
data shows VA
greatly reduced
activities, though is
rebounding:

https://www.google.com/ covid19/mobility/ (as of May 16<sup>th</sup>)



# Estimating Effects of Better Detection

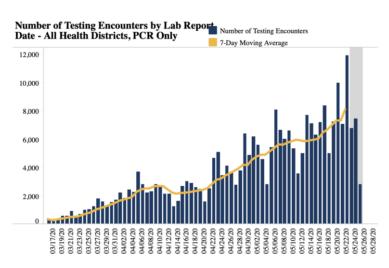
## VDH data shows reductions in time from Symptom Onset to Diagnosis

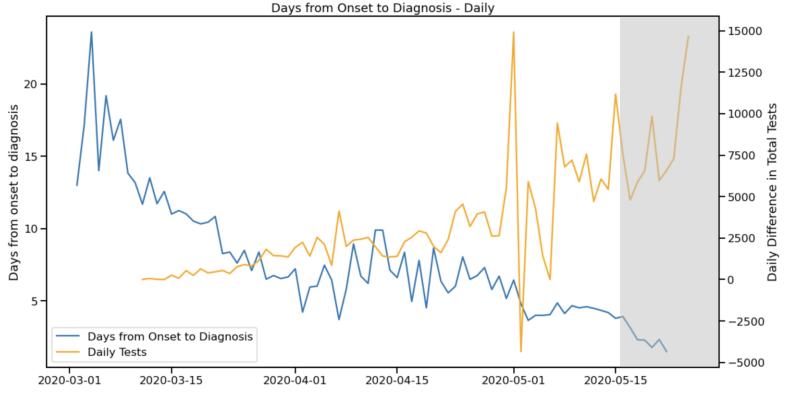
Days to Diagnosis drops ~30% in recent weeks

- Mid March to Late April = 6.8 days
- Late April to Mid May = 4.7 days

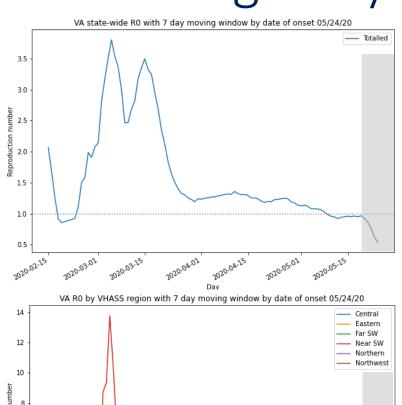
## **Testing Encounters increase**

- Late April = ~4K / day
- Mid May =  $^{\sim}7K$  / day





# Estimating Daily Reproductive Number



# Statewide and most regions follow similar pattern

- Spike, followed by a decline, to plateau, with recent decline
- This week: overall decline, some regions up

## Methodology

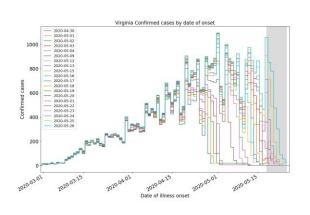
- Wallinga-Teunis method as implemented in EpiEstim<sup>1</sup> R package
- Based on Date of Onset of Symptoms
- Uses serial interval to estimate R<sub>e</sub> over time: 6 days (2 day std dev)

# Recent Estimates subject to revision as more data comes in

Date of onset unstable in last 7-14 days

#### May 16<sup>th</sup> Estimates





## Future Interactions Drive Future Cases

Adherence to Social Distancing measures and Individual Choices about Personal Disease Control Practices will drive the next phase of the Epidemic

## Challenges:

- Assessing the adherence with policies as actual behavior drives the epidemic
- Translating future policies to changes in transmission dynamics

## Interactions can increase and cases can be driven lower, sustaining control

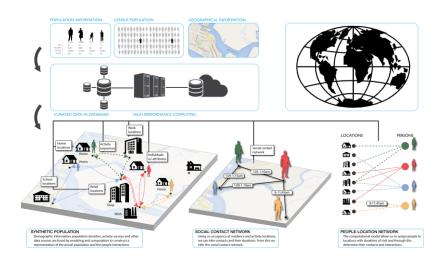
- Policies must carefully weigh local risk of spread, monitor local epidemiology, and tune policies and guidance to changing conditions
- Individuals must be ready to adhere to changes in policies and continue to practice good personal disease control practices



# Agent-based Model Aided Policy Assessment

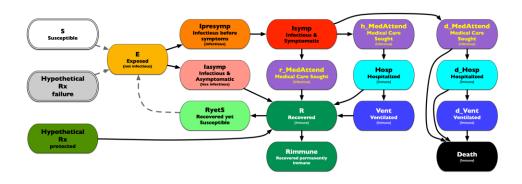
## **EpiHiper: Distributed network-based stochastic disease transmission simulations**

- Assess the impact on transmission under different conditions
- Translate changes in social interactions to transmission risk



#### **Synthetic Population**

- Census derived age and household structure
- Time-Use survey driven activities at appropriate locations



#### **Detailed Disease Course of COVID-19**

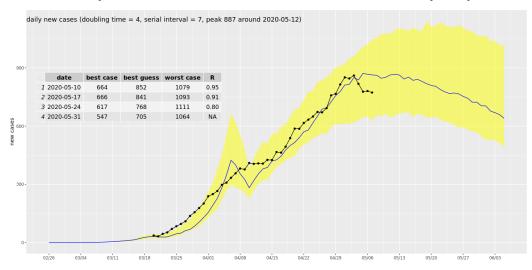
- Literature based probabilities of outcomes with appropriate delays
- Varying levels of infectiousness
- Hypothetical treatments for future developments



# Agent-Based Model Design

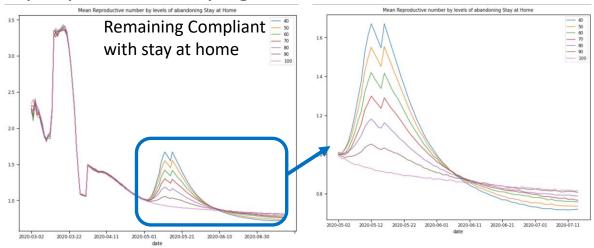
## Study of "Stay Home" policy adherence

- Calibration to current state in epidemic
- Implement "release" of different proportions of people from "staying at home"



#### **Calibration to Current State**

- Adjust transmission and adherence to current policies to current observations
- For Virginia, with same seeding approach as PatchSim



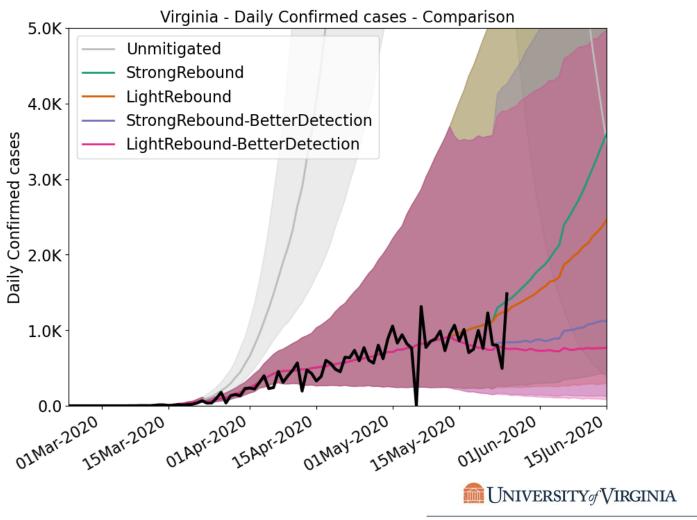
#### Impacts on Reproductive number with release

- After release, spike in transmission driven by additional interactions at work, retail, and other
- At 25% release (70-80% remain compliant)
- Translates to 15% increase in transmission, which represents a 1/6<sup>th</sup> return to pre-pandemic levels

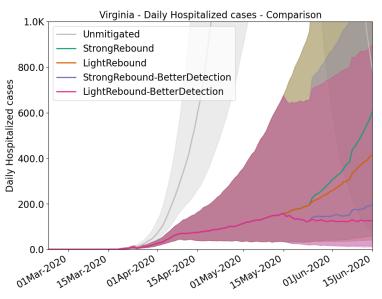


# Short-term Projections

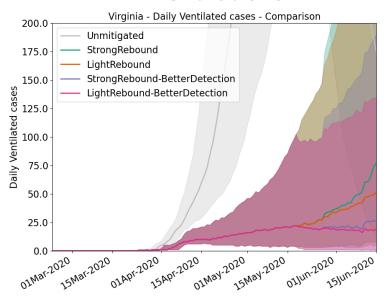
## **Confirmed cases**



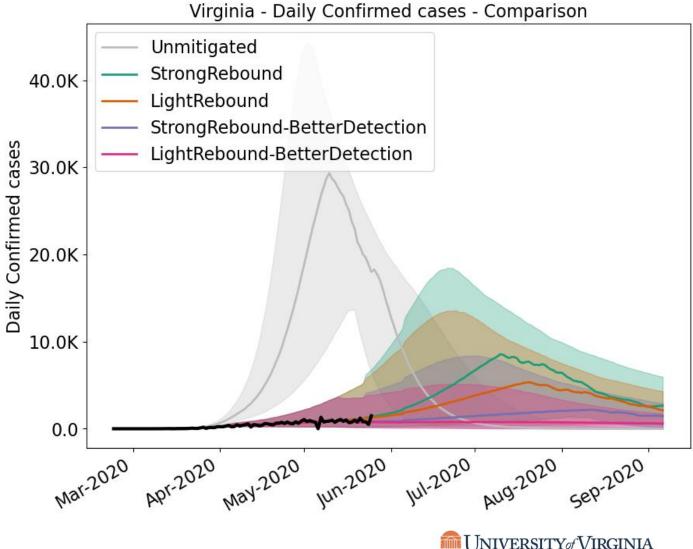
## Hospitalizations



#### **Ventilations**



# Period of Transition: Sustaining Control



## **Weekly New Confirmed Cases\***

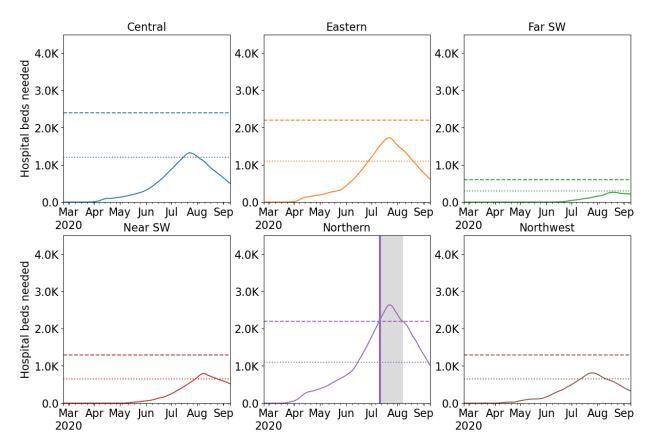
Week Ending	Unmitigated	Light	Light – Better Detection
5/24/20	159,643	5,339	5,339
5/31/20	126,034	5,774	5,229
6/7/20	77,114	6,030	5,052
6/14/20	43,790	7,075	5,232
6/21/20	22,734	7,960	5,280
6/28/20	11,108	8,916	5,314
7/5/20	5,432	9,941	5,314
7/12/20	2,630	10,919	5,246
7/19/20	1,266	11,896	5,183
7/26/20	586	12,849	5,143
8/2/20	266	13,651	5,046
8/9/20	95	14,176	4,934

<sup>\*</sup>Numbers are medians of projections

# Hospital Demand and Capacity by Region

#### **Capacities by Region – Light Rebound**

COVID-19 capacity ranges from 80% (dots) to 120% (dash) of total beds



# Date ranges when regions are estimated to exceed surge capacity

Scenario		Date Ranges	
1	Strong	Late June to Mid August	
2	Light	Mid July to Early Aug	
3	Strong – Better Detection	None	
4	Light – Better Detection	None	
5	Unmitigated	Mid April to Late June	

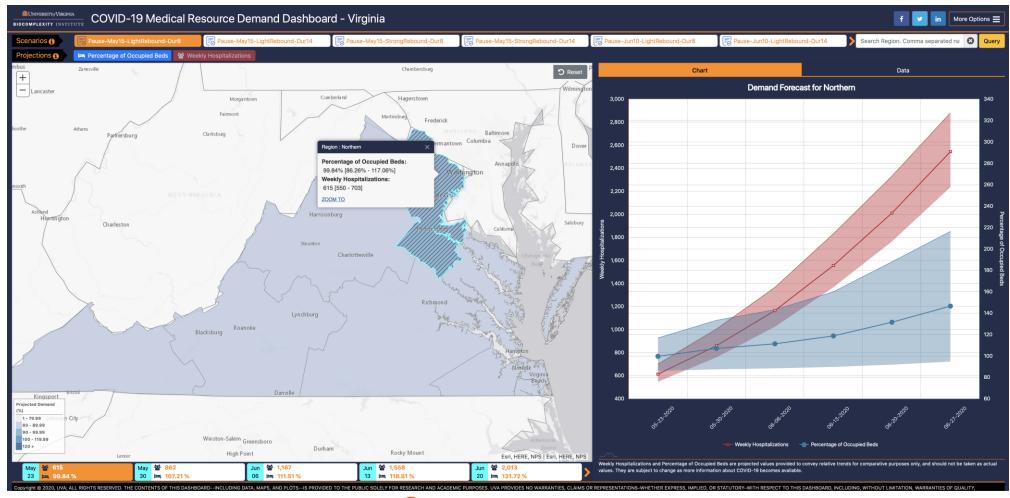
Social Distancing has postponed the time to when capacity could be exceeded 1 to 2 months



<sup>\*</sup> Assumes average length of stay of 8 days

## Medical Resource Demand Dashboard

https://nssac.bii.virginia.edu/covid-19/vmrddash/



# Key Takeaways

Projecting future cases precisely is impossible and unnecessary. Even without perfect projections, we can confidently draw conclusions:

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- Model update this week shows possible paths forward, rebounds with and without new mitigations, uncertainty remains on timing of this transition.
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- The situation is changing rapidly. Models will be updated regularly.



## References

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Arindam Fadikar, Dave Higdon, Jiangzhuo Chen, Bryan Lewis, Srinivasan Venkatramanan, and Madhav Marathe. Calibrating a stochastic, agent-based model using quantile-based emulation. SIAM/ASA Journal on Uncertainty Quantification, 6(4):1685–1706, 2018.

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Biocomplexity Institute. COVID-19 Surveillance Dashboard. https://nssac.bii.virginia.edu/covid-19/dashboard/

Google. COVID-19 community mobility reports. <a href="https://www.google.com/covid19/mobility/">https://www.google.com/covid19/mobility/</a>

Cuebiq: COVID-19 Mobility insights. <a href="https://www.cuebiq.com/visitation-insights-covid19/">https://www.cuebiq.com/visitation-insights-covid19/</a>

Biocomplexity page for data and other resources related to COVID-19: https://covid19.biocomplexity.virginia.edu/



## Questions?

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